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Type II Diabetes

Michelle Irwin
michelle.irwin@otterbein.edu

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Implications of Nursing Care

One of the key components in nursing care for DMII patients is education. Education on not only the disease and its consequences, but education on lifestyle choices that can help end DMII. Betterment of nutrition and exercise are far more effective than taking medications (D’Adamio & Capril, 2011). Along with management of the comorbidities while they disease is in process will be the main talking points for nurses. While the patient is experiencing the disease it is important to monitor blood glucose and lab levels. Regular follow up with the Primary physician or clinic is key to managing and defeating DMII.

References