

# Prevention of Obesity-Related Morbidity & Mortality in Adults

## Helpful provider resources

Diabetes Prevention Program (DPP) is a successful, long-term evidenced-based weight loss program endorsed by the CDC: <https://www.cdc.gov/diabetes/prevention/index.html>

CDC National Registry list shows approved DPP programs in a provider's community: <https://dprp.cdc.gov/Registry>

- **Centers for Disease Control and Prevention – Overweight and Obesity**
- **Non-Communicable Disease Risk Factor Collaboration – NCD RisC**
- **Institute for Health Metrics and Evaluation – Global Burden of Disease**
- **U.S. Department of Agriculture – Weight and Obesity**
- **European Commission – Nutrition and Physical Activity**
- **World Health Organization (WHO) – Global Strategy on Diet, Physical Activity and Health**

(Harvard T.H. Chan School of Public Health, n.d.)

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