Poster: Nursing Knowledge and Attitudes Toward Trans* and Gender-Nonconforming Patients

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Nursing Knowledge and Attitudes Toward Trans* and Gender-Nonconforming Patients

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Purpose

- To impact nursing knowledge and attitudes toward trans* and gender-nonconforming patients and positively influence wellness/population health.

Scripting Do’s and Don’ts

- Use gender-neutral terms and avoid pronouns if you are unsure:
  - Instead of: “How may I help you, sir?”
  - Say: “How may I help you?”
- Instead of: “She is here for her appointment.”
  - Say: “The patient is here in the waiting room.”
- Instead of: “What are your mother and fathers’ names?”
  - Say: “What are your parent(s) or guardian(s)’ names?”
- Instead of: “Do you have a wife?”
  - Say: “Are you in a relationship?” or “Do you have a partner?”

What to say…

- Introduce yourself with pronouns to help normalize the process.
- If you are unsure about a patient’s preferred name or pronouns:
  - “I would like to be respectful—what name and pronouns would you like me to use?”
- If a patient’s name does not match insurance or medical records:
  - “Could your chart/insurance be under a different name?”
  - “What is the name on your insurance?”
- If you accidentally use the wrong term or pronoun:
  - “I’m sorry. I didn’t mean to be disrespectful.”

Avoid Assumptions

- Don’t assume you know a person’s gender identity or sexual orientation based on how they look or sound.
- Don’t assume you know how a person wants to be described.
- Don’t assume all of your patients are heterosexual and a person whose gender identity corresponds with biological sex assigned at birth (cisgender).

Sex vs. Gender

- Biological sex = (noun) is the determination of an infant’s sex at birth. Anatomical characteristics are used to classify an infant as female or male or intersex.
- Gender identity = (noun) an individual’s internal sense of being and how a person identifies. Common labels may include man, woman, genderqueer, trans* or other diverse gender identities.

Perceptions

- Literature shows the following perception trends of nurses and midwives:
  - Assumption that all people are heterosexual (heteronormativity) across healthcare.
  - Fear or hatred of homosexuals (queerphobia).
  - Rainbow of attitudes – affirmation, advocacy, equal treatment, intrusion, judgement.
  - Learning diversity – proactive and appropriate education to insufficient education and skills.

- What is YOUR perception?
  - Do you assume heteronormativity?
  - Do you feel uncomfortable working with trans* and gender non-conforming patients?
  - Do you have conscious bias or judgement toward this population?
  - Do you or a provider you work with have a lack of trans* knowledge?

Pronouns

- Despite outward appearance, a person’s preferred pronoun may differ.
- If you are ever unsure of an individual’s pronoun, ASK!

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Questions?

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References