

BLODGETT CREEK  
MONTANA



HOH RAIN FOREST  
WASHINGTON



MARYMERE FALLS  
WASHINGTON



“IN ONE DROP OF WATER ARE FOUND ALL THE SECRETS OF ALL THE OCEANS; IN ONE ASPECT OF YOU ARE FOUND ALL THE ASPECTS OF EXISTENCE.”  
-KAHLIL GIBRAN

I grew up near the beach in South Florida. Along with the ocean, most of the days during my youth were spent just a couple of blocks away catching fish, turtles and snakes in a small canal. What a wonderful childhood I had in that environment. I guess you can say I have a deep-seated connection to water. In fact, we all do. All living organisms are born from water. Whether it be a spring, creek, river, lake or ocean, water also has the power to heal. Recently, scientific studies affirm what Native Americans have known for centuries. The results from these studies are remarkable. Individuals who spend time in and around beautiful areas of water are experiencing relief from terminal illnesses, mental disorders and physical pain. When Columbus first opened North America to European Settlers, the water in nearly every river and lake on this continent was drinkable. Now more than ever, we need to take care of our water so it can continue to take care of us.