

# HSS Advocate

Grow, Lead, Inspire...

Otterbein University

Department of Health & Sport Sciences Fall 2015



## HSS Gets A New Facility!

If you haven't already had the chance stop by and see our new facility. New in 2015, the former Davis Annex, has been renovated into a state-of-the-art academic/office building for the Department of Health and Sport Sciences.

**Classrooms:** Two large rooms with state of the art technology designed for enhanced pedagogical opportunities such as hands-on instruction and practice typically in a one-on-one or a one-on-two situation. The teaching lab includes special tables to allow students to be in the proper position to practice these skills.

**Lounge / Collaborative Study Area:** Designed to encourage and facilitate discussion and learning among students, faculty and staff. Each space is equipped with tables and chairs to allow for formal and informal meeting opportunities. Space is also equipped with a mini-kitchen so both traditional and commuter student can eat when needed.

**Computer Lab:** Designed for students to do individual or group research related to areas of study within the Department of Health & Sport Sciences. Each station will be equipped with either a desktop, lap top or Apple computer.

**Human Performance Lab:** Designed for our students and faculty to engage in specific research projects but will also lend opportunities to conduct research and activities in the immediate community. Included in this area are gait analysis equipment, exercise and fitness based testing equipment including VO2 Max measurement tools, and current fitness assessment devices.



Some scenes from our new home!



Follow Us on  
Facebook, Instagram  
and Twitter:  
OtterbeinHSS



## Message from the Chair

Much is continuing to happen both in and outside of our department. Students and faculty alike continue to raise the bar on producing a quality and employable graduate, one who is well versed in so much more than just their major. Every day we hear success stories from our students, who continue to make us proud as they engage in their communities and become leaders in their fields.

New this year is our office location and new Center of Health and Sport Sciences. Amenities include two large teaching labs, a research lab, a computer lab, and kitchen area, along with all our offices that have windows!! We are confident that this new facility will enhance opportunities for all the current students and help us achieve our department mission which is "The Department of Health and Sport Sciences of Otterbein University will prepare students to become competent, self-directed professionals."

Also in the works for this year is an HSS Alumni Leadership Advisory Board. The Otterbein Health & Sport Sciences Leadership Advisory Board (HSSLAB) will advise the Chair of Health and Sport Sciences (HSS) on matters relating to the HSS Department to insure the alignment of our HSS majors' experience with the values and goals of the University. In addition, the HSSLAB will serve as the hub for HSS alumni engagement, providing a voice for HSS alumni in the direction of the HSS academic programs. In the near future we will be looking for alumni who are interested in serving on this board.

All the best,

Dr. Joan Rocks

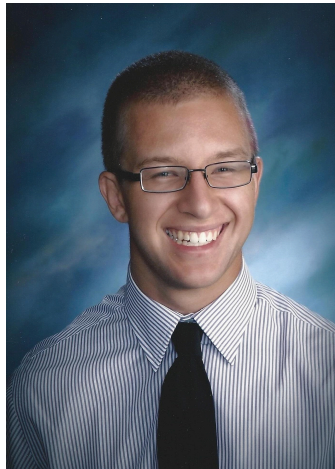
## 1st Annual Pumpkin Carving Contest

It was a tough decision but our panel of judges selected ALHL major Dayna Obers' HSS Cardinal as the 1st place winner in our pumpkin carving contest. Dayna won a \$ 20 gift certificate to Koble' Uptown. ATHT major Abigail Kiley won 2nd place, a \$10 gift card to Graeters, for her Skeleton Hands embracing a heart. And 3rd place, \$5 each to Chipotle, went to ALHL majors Mallory Takach and Dalton Jarvis for their Cardinal tossing up Capital pumpkins. Thanks to everyone who participated for making this a success!



## Student Garners Prestigious Award

Grant Seredick was recently chosen as the undergraduate student winner of Ohio Society Of Public Health Educators's (SOPHE) Karen H. Evans Memorial Scholarship. This award was developed to recognize and support community and public health education students who exemplify academic excellence, leadership and community service. Seredick is a junior majoring in Public Health Education at Otterbein University. Congratulations on your award Grant!

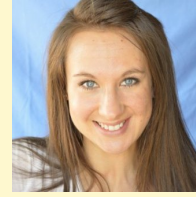


## Athletic Training Students



Thanks to all our Athletic Training students who volunteered their time to provide Medical Support at the Columbus Marathon.

## New Faculty/Staff



**Laura Berger  
MS, RDN, LD,  
ACSM, EP-C**  
Nutrition

**Dave Dziedzicki,  
ATC**  
Athletic Training



**Kristy McCray,  
PHD**  
Sport  
Management

**Chrysten Reglaski**  
Athletic Training



## Alumni Visitors



Thanks to our alumni who have recently been guest speakers in class or at club meetings



## Guest Speaker



Otterbein University Department of Health & Sport Sciences welcomed Dr. Blaise Williams to campus early in October. Dr. Williams spoke on the topic of “Contemporary Approaches to the Evaluation and Treatment of Running Related Injuries.” in Riley Auditorium. Dr. Williams is an Associate Professor in the Department of Physical Therapy and the Director of the Virginia Commonwealth University RUN LAB. During his visit he assisted Dr. Shelley Payne in opening the new Human Performance Lab with gait analysis equipment in the CHSS.

## OtterFit



Our OtterFit personal trainers are featured on the bulletin board right outside the Rike Fitness studio and across from the Health Promotion and Fitness Lab in the back of the Rike. Stop by and get to know a little about this great group of students who are staffing the faculty fitness program under the direction of Erica Handschke Van Dop this year. Many enthusiastic faculty and staff employees participate in this very popular program that is staffed by students from our Health Promotion and Fitness major. This enables the University to offer the program at a low cost/no cost to participants and gives our students hands on real world experiences.

## Homecoming Open House



We had a nice turnout for our Open House during Homecoming. It gave us a chance to visit with some alumni and give tours of our new facility.



## Dr Sullivan in South Africa

Sport Management Professor Dr. Greg Sullivan and other Otterbein faculty traveled to Nelson Mandela Metropolitan University in South Africa this summer. Pictured are Dr. Sullivan and his son Brian, a college senior. You can read about their adventure and the potential opportunities for our students in terms of global and intercultural engagement here:<http://www.otterbein.edu/Spotlights/otterbein-explores-south->



## Kids on the Move



HSS majors Victoria Timmons, Olivia Shenberger & Maria Gray took lead and did an amazing job promoting and volunteering for the Kids on the Move 5K benefiting Nationwide Children's Hospital Center for Healthy Weight and Nutrition. The event, which raised over \$1,000 was through Groveport Parks & Rec where our very own SMGT & MSAH alum Stephania Bernard-Ferrell is the Sports & Fitness Manager. Dr. Longenecker from our department was a participant.