

# HSS Advocate

Grow, Lead, Inspire...

Otterbein University Alumni News  
Department of Health & Sport Sciences Fall 2018

## HSS Showcase Night

Thanks to all the faculty, staff, students, alumni and friends who helped us celebrate student research, internships and creative work from the past academic year at our 5th annual HSS Showcase Night. We had 27 students present their work and 17 alumni who attended for the networking portion. We could not do this successfully without the support of all involved—so thank you!



## Message from the Chair

Hello everyone,

I hope this rendition of our alumni newsletter finds you and your families doing well. Again this past year, the department has been nothing short of awesome in its accomplishments and continued excellence displayed by both our students and the faculty who have guided them along the way. As you can see from the accomplishments listed throughout this newsletter our current students are following in all of your footsteps quite well! We greatly appreciate all your involvement in many of our classes, internships, clinical rotations, and even in your own employment areas. Our students are our future but our alumni are the foundation to all we are trying to achieve! Our faculty and staff also have yet again, provided many avenues and opportunities for our students to graduate with very full resumes! I cannot be more proud to be a part of a team that is so giving, puts their students first and truly wants the best for everyone.

We look forward in the upcoming year to continuing our high level of involvement on and off campus and also having you involved with us in any fashion you see fit. Specifically for this upcoming year, we have added two new labs to the top floor of our building to provide additional space for our majors to apply their skills. We are in constant conversations with Institutional Advancement to complete (hopefully in the near future), Phase 2 of our building. We are also in the planning phases for converting the undergraduate athletic training program into a master's entry-level program. There is never a dull moment around here.

In closing, I would like to sincerely thank you for all you do for us!! We truly would not be where we are today without all the efforts you gave and continue to give to help lay the foundation of excellence to our department!!!

All the Best—

Joan



# Master of Science in Allied Health (MSAH) Program Updates

Academic year 2017-18 was another very successful year for the MSAH program. We completed our sixth year and continue to hear numerous success stories from our students and alumni. To date, we have graduated 50 students and a high percentage of them have elevated their job status/salary within a short time after graduation.

A key challenge for this coming year (and a good one to have) is a significant growth in the number of students in the program. Fall semester 2016, 23 students were enrolled in the MSAH program. Fall semester 2018, we anticipate having over 40 students; an impressive 43% increase. We contribute this growth to several factors. One, alumni scholarships started in 2017-18 and two, the reputation of the program through the great work of our alumni and the vast network of professional contacts cultivated by our program director through his hard work and dedication to our students. We do not anticipate the growth to stop due to key initiatives that were recently put into place in that Otterbein signed an agreement with OhioHealth to discount tuition for their associates and a merit scholarship program was initiated this fall. The merit scholarship is available to incoming and current students with a GPA 3.5 and above. The process is competitive with a maximum of five scholarships offered. In response to the growth in enrollment, additional sections of courses were added and adjunct faculty hired.

Several initiatives from the past years have continued as well. The Graduate Assistant (GA) MSAH Recruiter position continued with David Frederick '18 taking over for Lauren Keller '17. A continued effort was made to keep all recruiting/marketing materials and the website up to date, and to develop radio ads and a MSAH Facebook page that you can find at: <https://www.facebook.com/otterbeinmsah> The Facebook page has been a great forum for sharing current MSAH students and alumni stories. GA MSAH Recruiter for 2018-19, Shelby Reichle, started in July. If you have any ideas on how to better promote the program, contact Shelby at [reichle@otterbein.edu](mailto:reichle@otterbein.edu)

Additional exciting activities for the year included sponsoring a "Speed Mentoring" program in February by the local chapter of the American College of Healthcare Executives (ACHE). David Frederick '18, Otterbein ACHE representative, coordinated the program. With David's graduation this summer, Nicole Aral is our new ACHE representative. In October, we hosted a ACHE event, "Disruptive Innovation" at The Point and we are finalizing plans to host another event October 2018. In June, Dr. Longenecker along with MSAH students Jalen Goodwin, Kelani Nuckols and Aleth Pashi, traveled to Hungary where they held an institute on wellness and leadership in the communities of Szeged and Hodmezovasarhely.

As we continue to work on growing our enrollment and public awareness of the MSAH program, we are exploring new elective courses to help strength the major. To help in this effort, in addition to providing community input, a MSAH Alumni Advisory Group was formed in 2016. If you are interested in being involved, please let us know. We hope you have a great rest of the summer! Please keep us informed of your accomplishments so we can share your successes with the rest of the Otterbein Community and the rest of the world.

Right: GA David Frederick, MBA Director Eric Lloyd, and Sarah Shumick rep their programs at 1st Friday.



Above: Master of Science in Allied Health grad student Adam Bedell and Dean of the Grad School, Dr. Barb Schaffner, pose for a photo at the grad school showcase where Adam presented his thesis project.



Above: Paul & students with their Hungarian hosts.



Left: MSAH Program Director Paul Longenecker with Kelani Nuchols and participants in the wellness & leadership institute in Hungary.



## Faculty/Staff Awards

- Dr. Joan Rocks, 2018 Bread & Roses Award from Otterbein Women's Club (below left)
- Dr. Kristy McCray along with Scott Fitzgerald (HR Director and Title IX Coordinator) and Julie Saker (not pictured) (Student Affairs), SARNO Community Partners of the Year for their sexual violence prevention work at Otterbein University (below right).
- Dr. Erin Baumann, Cardinal Leadership Awards-Advisor of the Year-Health Professions Club (not pictured)



## Alumni Awards



Left: Kate Weale, ATC-GOLD Alumni Award (Graduates Of the Last Decade), Otterbein University



Above: Melica Hampton-The Celebration of Diversity Alumni Award, Otterbein University

## Student Award Recipients

### The Marilyn E. Day Endowed Award

Awarded annually to a full-time student majoring in the department for excellence in scholarship, leadership and service.

2018 recipients -Andrew L. Cade, Alyson McAdams, Stephanie Ohalek, Alexis Snyder

### Elmer W. "Bud" Yoest '53 Endowed Award

This award is presented to student(s) demonstrating an exceptional commitment to campus leadership and citizenship and preparing for a career in the areas Health, Fitness & Wellness.

2018 recipient - Hannah Lawrentz

### Harold C. Martin '33 Endowed Award

This award is presented to a student who is planning to teach and/or coach.

2018 recipient - Tonia Dunson Dillard

### Col. Joseph E. Pizzi Endowed Scholarship

Awarded annually to a student currently enrolled and majoring in Athletic Training.

2018 recipient - Mandi Daniel

### Departmental Scholarships

Awarded annually to students currently enrolled and majoring in the HSS department. The selection criteria for this award includes: Significant contributions to the department, professional involvement, cumulative grade point average, and personal achievements related to the student's chosen field of study.

2018 recipients: Brooke Stephen, Kaitlin McDougal, Holly Bernhold, Meggin Kelley, Rachel Ferguson, Claire LeGendre, Emily Matisko, Martha Nyarko, Erin A. Taylor

## Keep In Touch

We love our HSS Alumni! Please email: Annette Boose '94 (aharting@otterbein.edu) and/or Alumni Relations (alumniinfo@otterbein.edu) to share personal updates such as: new job or promotion, new address, new baby, marriage, awards received, etc. We want to hear from YOU!



# Comings and Goings

Welcome Otterbein President John Comerford and...

Dr. Megan Chawansky, Assistant Professor Sport Management (pictured to the right)

Brandon Bellman '18, Graduate Assistant for Athletic Training

Aaron Datillo, M.S., ATC, AT Assistant Athletic Trainer and Clinical Instructor

Dr. Jennifer Kowalsky, Part Time Faculty, Epidemiology

Amanada Lusky'18 , ATC, MSAH Assistant Athletic Trainer  
(former GA for ATHT)

Morgan McCool, Graduate Assistant for Athletic Training

Shelby Reichle, Graduate Assistant, Master of Science in Allied Health

Farewell to Otterbein President Kathy Krendl and...

Anthony Bartko, Graduate Assistant for Athletic Training

Dr. Erin Baumann, Assistant Professor, Allied Health

David Frederick, Graduate Assistant, Master of Science in Allied Health

Patti Wilson, Instructor, Health Education



Above: Patti has influenced many lives all over the Otterbein campus and Westerville community during her 26 year tenure at Otterbein University. We wish her the best for retirement and will miss her deeply!

## HSS Leadership Advisory Board Update

The Department of Health & Sport Sciences Leadership Advisory Board continues to assist with supporting a culture of philanthropy on campus by using our social media and by work with Advancement to solicit for participation where appropriate. We use our 91% giving rate for department employees to the Otterbein Fund to model this participation expectation. Annette continues to Co-Chair the Faculty/Staff Otterbein Fund committee for 18-19.

Internal: This year our focus on the current student experience included a survey of employers to ascertain their satisfaction with the preparedness of Otterbein alumni in the job place to see if there are areas we need to improve upon. We asked alumni to provide their employer name and email and give us permission to ask their employer to rate their satisfaction. Although we had limited response, it was a start and the responses were consistent and showed that those employers who responded were satisfied. The result of that survey is included with this report.

External: We continue to excel in the area of alumni engagement through participation in Homecoming, enrollment of alumni in our MSAH program (currently 27% of enrollment is Otterbein grads) and through alumni as guest speakers in house or as hosts at their site of employment. A list of alumni that were utilized this past year is included with this report.

We held our annual HSS Showcase Night in April with 27 students participating. We had 17 alumni in attendance representing all majors along with several community members and faculty staff. Overall, we have a small but dedicated contingent of HSS alumni who have some excellent ideas about how we can continue to engage alumni and utilized them to help our department in terms of future growth and development. If anyone is interested in serving on the Advisory Board, please email us at [otterbeinhss@otterbein.edu](mailto:otterbeinhss@otterbein.edu)

## Remembering Our Fallen Officers

The Otterbein University Community offers its sincere condolences to the men and women of the Westerville Police Department, their families and friends on the loss of two of Westerville's finest officers: **Anthony Morelli** and **Eric Joering**. Some of you may remember **Officer Morelli** as he often worked special duty at Otterbein home basketball games and **Officer Joering** was the city's K-9 officer.



### Social Media Links:

Please join us on social media for all the latest and greatest news from HSS and Otterbein!

**Facebook:** <https://www.facebook.com/HealthyCardinal/>

**Instagram:** <https://www.instagram.com/otterbeinhss/>

**Twitter:** <https://twitter.com/HSSOtterbein>

## Where We Stand Matters By Annette Boose

Earlier this summer we unofficially celebrated the successful close of our comprehensive fundraising campaign that was launched in 2014 with the goal of 50 million dollars! We also celebrated 60% faculty/staff participation in the annual fund for fiscal year '18. On a personal note, for the past two years I have served as co-chair, along with Dr. Michael Hoggarth, of the faculty/staff portion of the campaign to increase participation in giving to the annual fund. As you can imagine we are beyond ecstatic that we have made history with an unprecedented 60% of faculty/staff giving. Sincere thanks to EVERY ONE of you who supported the campaign and ultimately our students. We hope that you will join us at Homecoming on September 22, 2018 when we will officially celebrate the results of the STAND campaign. The following video was released to the campus community in June. The student testimonials about their appreciation for donor funds are very moving and we encourage you to watch it. You can copy and paste the link into your internet browser to view: <https://youtu.be/YcLEz4uQsOk>

## Health Professions Club Update by Holly Bernhold

The Health Professions Club (HPC) has been hard at work this past year. The club officers organized many events to try to continue to expand the size of our club. HPC accomplished many wonderful things this year including creating a video about the Health and Sport Sciences Department for future students and our very own advisor, Erin Baumann received advisor of the year. HPC participated in many friendly rival games with the Athletic Training club and even played jeopardy with them to prepare them for their quiz bowl tournament. HPC created some very neat T-shirts to sell to support the club and we will continue to sell them this coming year. Members had the opportunity to attend professional development events throughout the year including meeting a local surgeon to learn about what his job entails and other student interests.





# Program Highlights

## Athletic Training By Danielle Kilboy

In addition to Athletic Training having a successful year in the classroom, many of our athletic teams were also successful on the field. This success not only provided great extended clinical experiences for our Athletic Training students, but was also in large part due to their efforts throughout the season. When our students weren't in the classroom or on the field in their clinical rotations they were attending professional conferences. This year we had students attend the OATA Student Symposium & Quiz Bowl and the OATA Annual professional meeting.



Top: Otterbein Club of Athletic Training Students (OCATS) volunteered as medical support for the Columbus Marathon.



Top: ATHT majors from Otterbein competed in the Ohio Athletic Training Association annual Quiz Bowl at OSU. This is the third year in a row that they made it to the finals. Way to go team! Brandon Bellman, Eric Norton, Zach Glascox.



Top: Athletic Training students at the Ohio Athletic Training Conference & Symposium

Below: Hogan Marshall and Case Troyer field questions during the symposium about their research.



## Commission on Accreditation of Athletic Training Education

HSS had their 10 year site visit in November for the reaccreditation of their Athletic Training major. A site visit team from CAATE spent three days with members of the department and administration learning about all aspects of our program. The strength of our department, the program and support of our administration at Otterbein were noted. We are pleased to announce that we received the full 10-year re-accreditation stamp of approval for our program!

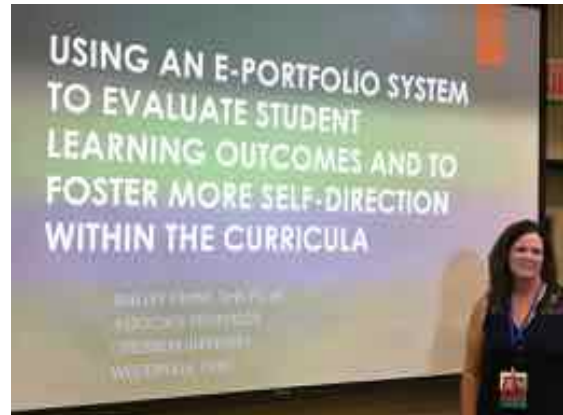


## Allied Health

Our Allied Health majors excelled in the classroom this year and many of our graduates have been accepted to grad school. These majors spend much of their time in labs learning modalities and other practices common in their field. They also spent a lot of time energizing the Health Professions Club, supporting The Promise House and working with our community partner Best of Both Worlds.



The Health Professions Club had a busy fall starting off with the 1st Friday last August and sponsorship of The Promise House (in conjunction with HSS) for October.



Dr. Shelley Payne took her expertise on teaching to the International Society for Self Directed Learning Symposium in Coco Beach, FL.



The Allied Health Movement Science class practices diagnostic techniques (left) and balance lab (right) during class.



Allied Health seniors at an end of the year celebration.



The Executive Board of the Health Professions Club.



Sport Management majors were involved with an impressive number of community service and professional development activities this past fall. Our majors are getting a lot of exposure to many aspects of the Sport Management field through the following organizations:

Columbus Marathon

Arnolds Sports Festival

2018 NCAA Women's Basketball Final Four

Columbus Blue Jackets Winter Park

Greater Columbus Sports Commission

Community Cup

Columbus Crew Experience Teams

All-Ohio Track and Field Meet

Ohio High School Athletic Association

Wrestling & Basketball tournaments at OSU

Rock on the Range – Mapfre Stadium

Columbus Blue Jackets outing

5K for K9 Cancer Run/Walk

(raised \$42,504.00)

Hanby Elementary School's Spring Carnival

3 v 3 Basketball Tournament for the

Promise House

Movie Night for the Promise House



Above: Pre-registration packet pickup for the 5K for K9 Cancer event.



Above: SMGT majors attended Beyond the Baseline "More Than A Game: Women, Leadership, and Sports" in preparation for 2018 Women's Final Four coming to Columbus.



Above: Sport Management majors volunteered at the Columbus marathon.



Above: At a Blue Jackets professional networking event.



Above: Columbus Blue Jackets Peter Lovins, Cayla McNeil (Otterbein WLax), Drs. McCray, Baumann, Chawansky pose for a photo at the panel discussion "Beyond the Baseline: Gender Bias in Athletics".

Right: Dr. McCray working with the Otterbein Women's Basketball team during winter break. On the last day of a 10-hour sexual assault prevention training they had an "ugly sweater" party -- important education AND fun!





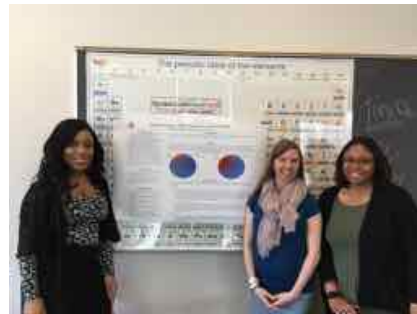
The Public Health Education major continues to grow in popularity and students majoring in PUHE are extremely passionate about their mission as evidenced by the photos below from the events they organized and participate in including conference attendance and community service.



Left: "Yes Mean Test" program lead by Public Health Education major Fatima Ibraheem and Tiffany Osterwyk from Hologic.



Above Drs. Braun, Kowalsky, Baumann and Van Dop with alumni Ashleigh and Below: Dr. Braun with current student Fatima and Otterbein alumni Mary, Ashleigh, Grant, Chelsie & Chris, all working in the health education field, at the national SOPHE Conference.



Right: Dr. Kowalsky's Epidemiology class presented final research projects in class during spring term.



Above: Public Health Education majors were inducted into Eta Sigma Gamma in a ceremony this past spring.



Left: Public Health alumni and current students met for professional development and networking.



Above: Public Health Education students presented the 2nd Annual Sexual Health Fair in the campus center this fall.



Right: Public Health Education students & Dr. Braun attended the Minority Health month kickoff event at the Riffe Center. This was a professional development opportunity for our students to interact with those working in the field including Otterbein alumna, Sheronda Whitner.



## Exercise Science & Health Promotion

Exercise Science and Health Promotion majors have been hard at work gaining relevant professional experience and certification credentials. Interns have had some amazing experiences at their chosen sites this year. OtterFit remains as an extremely popular employee benefit and feedback from participants has been overwhelmingly positive. OtterFit is in its 10th year! For those of you that have been inquiring, we are happy to report that Dr. Fischer is doing very well and she continues to travel during breaks from school.



Above: Emily Matisko performs a fitness assessment on faculty OtterFit participant Melinda Murphy.



Above: Carly Whipple served as a cardiology intern at Nationwide Children's Hospital.



Above: Becca Gallagher interned as a Strength & Conditioning Coach at Urbana University.



Above: HLED 3100 w/ Professor Van Dop visiting Huntington Worksite Wellness with Alumnus Lauren Keller and EXSC student Kelly Dishun '18.



Left: Dammaris Murphy was a Fitness Intern for the YMCA in Columbus.



Above: Ben Swauger interned as an Assistant Strength Coach at Gahanna Lincoln Middle School.



Above: Exercise Science & Health Promotion majors in Professor Van Dop's class presented a series of Lunch & Learn's on various health related topics OtterFit faculty/ staff participants.



Above: Craig Smith displays his passing grade on the Certified Strength & Conditioning Specialist exam. He already secured a full time job in his field upon graduation.