



# HSS ADVOCATE

**S P R I N G 2 0 1 9**

Otterbein University

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# Master of Science in Allied Health (MSAH)

Our very own Master of Science in Allied Health is ranked as a Top 20 Master's in Health Science 2019 by Top Masters in Healthcare.com [Link to Article](#)

*Right: Otterbein Graduate School Student Conference held in March. A shout out to program director Paul Longnecker for coordinating.*



Left: What an incredible *Practicum Open House* that was held in February! A huge thank you to all of our employers and students who attended. For the first time, we had practicum employers come to us here at Otterbein and present the opportunities they have to offer to our students. Our Program Director, Paul Longenecker, put a lot of time and effort into planning this event. EIGHT potential practicum sites were represented: Groveport Parks and Recreation, Gahanna Parks and Recreation, and multiple departments within Ohio Health along with Otterbein University, Otterbein HSS, Otterbein University Graduate School.

Right: City of Worthington Parks & Recreation held an Indoor Triathlon coordinated by MSAH student Sophia Cooper. Several other MSAH students volunteered, and our MSAH Program Director and our GA/Recruiter Shelby Reichle participated. Way to represent!



# Health Professions Club

The Health Professions Club recently partnered with Westerville Area Resource Ministries (W.A.R.M./ShareBacAPac) for a service event which included a food drive and a work session to pack backpacks for Westerville city students so they would have weekend meals supplements!



# Health Professions Club

Our athletic training seniors presented their research projects to an audience in Towers Hall. Opportunities such as these help them to prepare for presentations they will give at the state conference.



# Run for Your Cause 5K

Run for Your Cause! – a Charity 5k Run/Walk to support funding for the Jean A. Rocks Mizia Endowed Scholarship at #Otterbein was sponsored by Dr. Teri Walter's Sport Management class on April 6<sup>th</sup>. A good time was had by all for a great cause. Preliminary figures estimate 20K plus raised.





# Prospective Students Visit HSS

Dr. Shelley Payne hosted students from Northridge High School anatomy & physiology classes for an interactive lab at the Otterbein Biomechanics Institute. Students loved doing the gait analysis using ipads and seeing how runners are evaluated in real life.



## From the Archives



TBT to 2008-09 and the first ever Allied Health cohort at Otterbein. We now have 115 students enrolled in the major & Dr. Shelley Payne is still leading them into successful careers as OTs, PTs, and PAs.

## Our Alumni at Work

An impressive contingent of Otterbein alumni took a break from the activities at the Ohio Parks & Recreation Association conference to pose for a photo recently. MSAH grad student Sophia Cooper, who was also in attendance helped coordinate.



# Cookoff at The Promise House

Nadiya Timperman's Public Health Education nutrition class participated in a cook off at the Promise House. Their challenge was to create a recipe using pantry item ingredients, sticking to the budget of a college student, & adhering to USDA dietary guidelines.



## ROTC Scholars

Congratulations to Sport Management major Blake Sitch '21. Blake received a scholarship from the Army ROTC for full tuition & fees for his remaining 2.5 yrs., plus books & a monthly stipend. Otterbein also presented Sitch with a scholarship for room and board. He is picture here with HSS Department Chair Dr. Joan Rocks and Vice President for Admission, Jefferson Blackburn Smith.

Congrats to Megan Carey, a first-year Athletic Training major and hurdler on the track and field team. She received a three & a half year scholarship valued at over \$128,000 from Army ROTC, which covers the cost of full tuition and fees for her remaining time at Otterbein, plus books, and a monthly stipend. In addition, Otterbein presented Carey with a scholarship for room and board.



# Eta Sigma Gamma

Congratulations to Marriella Briones, Gabriella Caroselli, Rachelle Crisan, Rachel Hetrick, Stephanie Hull, Shirley McCullough, Karissa McGinnis, and Muna Sahrif for being inducted into the Otterbein Chapter of Eta Sigma Gamma. They are shown in this photo with current members and Advisor Dr. Braun.



## Columbus Business Showcase

Great time with Sport Management faculty, students, and Chewbacca at the Columbus Business breakfast to showcase The Columbus Sports Annual Community Cup to be held at Otterbein on Sept 28!



## Hands on Learning

Right: In HSS we are all about "hands on learning opportunities". Students in Dr. Fischer's Intro to Exercise Testing and Prescription class practiced proper technique for hamstring stretches today.



Left: Students in Dr. Shelley Payne's Movement Science class worked in groups to conduct a variety of balance tests designed to determine proprioception in lower extremities.

# Awards

Congrats to adjunct professor Nadiya Timperman, RD, LD, and the many HSS students who received awards at the Celebration of Service and Leadership last evening. Congratulations to 2019 Teacher of the Year Dr. Kim Fischer. Proud of you all!



**Kim Fischer**  
**Health and Sport Sciences**

**2019**  
**TEACHER OF THE YEAR**

**"I HAVE HIGH EXPECTATIONS, BUT I'LL HELP YOU GET THERE."**

"Dr. Fischer taught me to believe in myself and always give my best."  
-student comment

"Teaching is her passion...she puts every ounce of her soul into it."  
-colleague comment

"Students, alumni, faculty colleagues, and department chair alike describe how this teacher is a role model for them, a role model for knowledge, lifelong learning, enthusiasm, practical experience, teaching skill, ability to figure out students and to clearly explain difficult concepts, and a willingness to help others."  
-Wendy Sherman Heckler, Provost

Peer-nominated award that exemplifies excellence in five principles of teaching  
**Knowledge - Design - Praxis Relationships - Assessment**

# HSS Showcase Night

Another successful HSS Showcase Night is in the books. We love celebrating the achievements of our students! Thanks to everyone who made the event possible & to those alumni, parents, friends, faculty/staff who attended.



# Out and About



Left: SMGT majors attended Sports Law Night with the Columbus Blue Jackets where they heard from "law experts working within the Professional Sports Industry on trending issues across various leagues".

Right: Sport Management major Cayla McNeil and Otterbein Director of Social Justice and Activism, James Prysock, presented on the topic of "The Black Student-Athlete Identity in a Private Liberal Arts College Environment" at the Black Student Athlete Summit in Austin, TX.



Left: The generosity of Otterbein donors helped fund these Exercise Science & Health Promotion majors trip to the America College of Sport Med Health & Fitness Summit in Chicago. L-R: Megan Stuteville, Sarah Bedell, Gigi Howard, Hannah Lawrentz

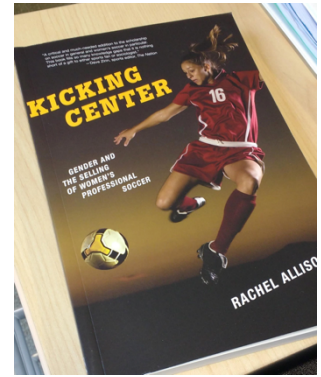
Right: HSS MAJOR student Lucas Fox put his Sport Management knowledge and skills to work at this year's CFB Playoff Football National Championship Game.



Left: Exercise Science & Health Promotion students in Erica Van Dop's class made a site visit to Huntington Bank Fitness Center where manager and Otterbein alumna Kelly Dishun discussed the components of a successful worksite wellness program.

# Experts in the Classroom

Right: Author Rachel Allison brought her expertise to the classroom with a compelling presentation on her new book Kicking Center. Important lessons for our sport marketing students on selling women's sports! Go check it out!!



Left: Great insights on career planning and sport marketing from Bruce Wimbish, attorney with Anomaly Sports Group & Porter Wright Law, who spoke to our SMGT class.



Left: HLED 1400 students in Eric Van Dop's class listened to Stacy Rusterholtz from The Promise House as she presented "Swipes", a program which examines the food insecurities in college students.

Below: Thanks to Port Wright attorney Luke Feldham for speaking to Dr. McCray's students in SMGT 4800 (leadership & ethics) – great to hear from a sport lawyer who educates athletes on improving



Right: Thanks to Darrel Koerber, Deputy Director Franklin County Emergency Management (FCEMHS), for speaking to our Public Health Education students in Niccole Oocumma's class today about the scope of work done by their agency to ensure the safety of the citizens of Franklin County in a variety of crisis





Left: Sincere thanks to sports journalist Lisa Byington for sharing her expertise on sports broadcasting/journey to becoming a professional in the field with our Otterbein Sport Management club last evening. Our students really loved having her here and what a wonderful professional

Right: ODHE hosted students from all over the state to a summit on changing campus culture relative to sexual violence. SMGT majors Kait McDougal, Cayla McNeil and Dr. Kristy McCray attended.



Left: Dr. Shelley Payne and Allied Health major Meggin Kelley visited Northridge schools to talk to prospective students about careers in Allied Health.



The International Sports Film Festival (ISFFO) of Ohio will run April 11-13, at the Gateway Film Center in Columbus. Showcasing six films, the festival calls attention to a variety of social issues in and through the realm of sport. On the final day, a panel discussion on the film Roll Red Roll featuring Otterbein Department of Health and Sport Sciences Assistant Professor Kristy McCray and Associate Director of the Center for Student Involvement Ben Schwarz from Otterbein's Fair Play program.

# Health Disparities Conference

Right: Public Health Education major Mariah Nevels was chosen as this year's John Ruffin Young Investigator awardee at the Health Disparities Conference in New Orleans. Congratulations Mariah. We are proud of you!



Dr. Braun and Laden Barnes presenting research on day two of the Health Disparities conference in New Orleans.



Public Health Education majors, Dr. Braun and Otterbein alumni Sativa Banks in New Orleans presenting research at the annual health disparities conference.