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Nonimmune Hydrops Fetalis

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Recommended Citation

Nursing Implications
Nursing implications are directed at monitoring neonatal resuscitative measures. Preventing cold stress with the use of radiant warmers and a warmed room will help in decreasing added stress to an already compromised infant. Respiratory support with the help of unassisted/assisted, high peak inspiratory pressures and 100% FeO2, umbilical arterial and venous catheter placement for management of hemolytic anemia and blood gas interpretation, helping in the procedure of bilateral thoracentesis for fluid removal in the pleural space, initiation of volume resuscitation with albumin or other colloids, and cardiovascular support with inotropes to keep cardiac output all are vital by nursing and medical staff to aid in the support and survival of NIHF. Neonatal management requires a skilled and coordinated resuscitative team by a well-equipped birthing hospital and neonatal intensive care unit.

Conclusion
In conclusion, despite many advances made in the treatment, management and diagnosis, NIHF still carries a high mortality rate. Further research is still needed to help with the management and treatment of NIHF to decrease intracranial and perinatal mortality.

References